



QUANTUM LEAP

S E R I E S



One of the most critical business problems to solve is to remedy the disconnect between management and staff. Often, managers are placed in a position without being adequately trained, coached or up-skilled to fulfill these crucial functions within respective Business Units.

This Series Is designed to be a hands-on experience focusing on Practical application and not theory. Leaders and Managers will be equipped with new skills, improved behaviours, and enabled to apply & implement the critical aspects immediately. Through this Series, we'll ensure that the Managers and Leaders are fully equipped to lead their teams, being future-fit, with an additional awareness and improved capabilities driving a performance culture within their teams and the organisation.

Team Dynamics

Top Performance

Management Skills

Collaboration



Learn Actionable Skills

During the Quantum Leap Series, the aim is to up-skill the management delegates in a variety of critical, current-day Management skills. It drives personal accountability and lays the foundation for actionable Management skills.



Key Performance Indicators We Drive For

Planning
Communicating
Organising
Leading
Staffing
Controlling

Each of the Interactions are designed with relevant Tool Kits — unpacking the applicable criteria— which serve as templates for each delegate to immediately apply the content and most importantly, to show proof of application.



Our Programs are Aimed at Improving Four Areas

Through targeted interventions and comprehensive strategies, we aim to cultivate positive changes in individuals across these domains, fostering personal and professional growth. Whether it's refining specific competencies, modifying behaviors for optimal outcomes, or integrating both aspects seamlessly, our programs are tailored to empower individuals to excel and thrive in various facets of their lives.

Behaviour

Knowing & Managing **YOURSELF**

Behaviour & Skills

Knowing, Managing & Communicating with **YOUR TEAM.**

Skills

Application of Tool Kits & Critical Outcomes.

Performance

Meeting Team Objectives & Organisational Goals



A man in a dark suit and tie is leaning over a table, pointing with a blue pen at a document. He is smiling slightly. To his left, another person's hand is visible, holding a pen. To his right, a woman's hand is visible, also holding a pen. The table has a laptop, a glass of water, and several papers. The background is a light blue wall.

Plan Manage Control



Programme Flow



This academy is delivered as 2 Digital Programmes per Group, per month. Each programme consisting of 4 hours. Preparation work and next actions will take place before and after each programme Nesting & Coaching to take place following each Part to ensure application and implementation.

PROGRAMME 1

Growth Mindset

- Triggers
- Stepping out our Comfort Zone
- High Effort
- Setbacks
- Feedback

PROGRAMME 2

Management & Leadership Traits

- Principles of Management & Leadership
- Situational Leadership
- Action Centred Leadership & Tool-Kit
- Knowing Myself & Knowing my Team

PROGRAMME 3

Strategic Communication

- Plan, Drive & Executing strategies
- Interrelated Levels: Strategic/Operational/Tactical
- Aligning Business & Communication goals
- The 3 levels of Strategy & Communication
- Asking strategic questions
- Strategic Communication Plan (toolkit)

PROGRAMME 4

Emmotional Intelligence

- Identify the benefits of emotional intelligence
- Learn the four core skills required to practice emotional intelligence
- Interpret and manage your emotions
- Master tools to regulate and gain control of one's own emotions
- Articulate your emotions using the right language
- Relate emotional intelligence to the workplace



PROGRAMME 5

Conflict & Courageous Conversations

- Developing Communication Strategies
- Courageous Conversations
- Conflict Management
- Personality Profiling

PROGRAMME 6

Habits, Goals & Stress Management

- Productivity
- Forming Powerful Habits
- Setting & Achieving Goals
- Stress Management
- Stress relieving techniques

PROGRAMME 7

Coaching for Performance

- Learning Styles coaching
- Coaching for Performance
- Coaching for Results
- Coaching Process & Worksheet

PROGRAMME 8

Business Simulation

- Exploration of the problems managers encounter
- Solution Brainstorming / Expanding ideas
- My Leadership Journey
- Action and Next Steps
- Set developmental and performance goals

FINALE

Assessment & Implementation





A HUGE, SUDDEN INCREASE & ADVANCE IN MANAGEMENT SKILLS

We are confident that the Quantum Leap Series will enable and equip Managers with making a positive and definitive shift, from Employee to Manager. The Series will serve as a bridge, a revitalisation and an inspiration in aligning Organisational Objectives, with Management Expectations and Improved Skills and Employee Engagement towards a Performance Culture!



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